

FOR IMMEDIATE RELEASE

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Keep the Learning Going: Tips to Prevent Summer Slide

As summer break begins, children are turning their focus from schoolwork to fun in the sun. Unfortunately, research shows that on average students lose about one month of academic progress over summer vacation. This learning loss is often referred to as the “summer slide.”

The good news is with a little planning and some creativity, you can bridge the gap and prevent children from falling behind academically. Here are some tips to keep your child learning and having fun this summer:

Embrace the Power of Play: Play is how children learn about the world, themselves, and each other. Games, puzzles, and building activities are ways to reinforce math, problem solving, and spatial reasoning skills. Board games provide a fun opportunity to improve critical thinking and social skills.

Encourage Reading for Enjoyment: Summer is the perfect time to cultivate a love of reading. Visit your local library and request assistance in finding books that fit your child’s interests and reading level. While you are at the library take time to look into the fun summer reading programs they have to offer.

Explore Local Gems: Museums, historical sites, and nature centers can offer great learning opportunities. Download the Sunflower Summer app for free admission to attractions across Kansas.

The key to preventing summer slide is to make learning fun and engaging. By incorporating these tips, you can ensure your child enters the fall semester ready to learn.

More information on continued learning through summer break is available at healthychildren.org, or by contacting Michelle Broxterman, Family and Child Development Extension Agent, Wildcat Extension District, mbroxterman@ksu.edu, (620)724-8233

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